



Evaluation Date: _____

LYMPHEDEMA THERAPY PATIENT INTAKE FORM

All questions contained in this form are strictly confidential and will become part of your medical record.

DEMOGRAPHICS

Name: _____ Date of Birth: _____ Age: _____

Phone: _____ Email: _____

Insurance Name _____ ID Number _____

Current Weight: _____ Height: _____ Hand Preference: ☐ Right ☐ Left

To be completed by lymphedema staff

Blood Pressure:

Heart Rate:

Respiratory Rate:

Pulse Oximetry:

PHYSICIAN INFORMATION

Referring Physician: _____ Physician's Specialty: _____

Referring Physician Phone #: _____ Referring Physician Fax #: _____

Please list all medical providers involved in your healthcare:

<u>Name of Medical Provider</u>	<u>Specialty</u>	<u>Phone Number</u>

SWELLING HISTORY

Currently I am experiencing (please circle):

Swelling	Rash	Weakness Shortness of breath	Open sores that will not heal
Impaired motion	Pain	Numbness / tingling	Heaviness/tightness/fullness
Heaviness/tightness/fullness	Skin changes: dry, discolored, weeping, hard		Other

Which body part is affected?

Date of initial onset of symptoms:

Does anyone in your immediate family have a history of swelling?

THERAPY HISTORY

Have you received ANY outpatient Physical, Speech or Occupational Therapy Services this year?

Are you currently being seen for outpatient Physical, Speech or Occupational Therapy Services?

Are you currently receiving home health services including nursing, Physical, Speech, Occupational Therapy Services or home health aide?

Have you had lymphedema therapy before? ☐ Yes ☐ No If yes, where and when?

What treatments have you received?

Manual Lymphatic Drainage

Compression Bandage Wrapping

Diuretics

Kinesio Taping

Self Drainage

Compression Garments

Pneumatic Compression Pump

Antibiotics

Other:

MEDICAL HISTORY

Do you have any of the following medical conditions?

High Blood Pressure

Diabetes

Renal (Kidney) Dysfunction

Asthma

Congestive Heart Failure

Cardiac Arrhythmia

Arterial Disease

Thyroid Problems

Neuropathy or loss of sensation

Paralysis

GERD (Reflux)

Diverticulitis

Crohn's Disease

Fractures

Scoliosis

Vertigo (Dizziness)

Cancer

Breathing Problems

Heart Problems

Circulation Problems

Deep Vein Thrombosis (Blood Clot)

Aortic Aneurysm

Osteoporosis

Other

Is there a possibility you are pregnant? ☐ Yes ☐ No

Do you have a pacemaker? ☐ Yes ☐ No

SWELLING HISTORY

Do you live in a ☐ House ☐ Apartment/Condo ☐ Mobile Home

Do you live alone?

Do you sleep in a bed / chair / other?

How many steps do you have to enter your home? _____ Do you have a railing? ☐ Right ☐ Left ☐ Both

How many steps do you have inside your home? _____ Do you have a railing? ☐ Right ☐ Left ☐ Both Do you have help to participate in lymphedema therapy?

Do you require assistance for walking or getting in/out of a chair or bed?

Do you require assistance for bathing or dressing?

Are you currently working? ☐ Yes ☐ No ☐ Retired

SOCIAL HISTORY (CONTINUED) Occupation:

What recreational activities do you do on a regular basis (e.g., walking, swimming, weightlifting, hiking, crafts, sewing)?

How many days a week are you physically active? ☐ 0 ☐ 1-2 ☐ 3-5 ☐ 6-7

Please list **3 important activities** that you are unable to do or that you are having difficulty doing as a result of your swelling:

1. _____
2. _____
3. _____

GOALS

Please list your goals for evaluation and/or treatment for lymphedema therapy:

1. _____
2. _____
3. _____

MEDICATIONS

_____	For what:_____	How often taken:_____
_____	For what:_____	How often taken:_____
_____	For what:_____	How often taken:_____
_____	For what:_____	How often taken:_____
_____	For what:_____	How often taken:_____
_____	For what:_____	How often taken:_____
_____	For what:_____	How often taken:_____

SURGICAL HISTORY

Please list ANY surgeries and dates performed in your lifetime (i.e.: knee surgery, hysterectomy, C-section):

Have you had ANY infections of the skin (i.e.: cellulitis) that required hospitalization and/or antibiotics (oral or IV)? If so, please indicate area of infection and date of episode:

ALLERGIES

Do you have any allergies?: _____ Any allergies to tapes? _____

PAIN

On a scale from 0 (no pain) to 10 (the worst pain you could imagine), what is your pain:

Now: 0 1 2 3 4 5 6 7 8 9 10

Worst: 0 1 2 3 4 5 6 7 8 9 10

Best: 0 1 2 3 4 5 6 7 8 9 10

Where is your pain centered?

Describe your pain (e.g. ache, heavy, sharp, constant, burning)

What increases your pain? _____

What decreases your pain? _____

Is there anything else you would like us to know? _____

CANCER HISTORY

When were you diagnosed?

What type of cancer?

What is the present status of your cancer?

Have you had any of the following? Please list dates:

Mastectomy: ☐ Right ☐ Left ☐ Bilateral

Complete Hysterectomy

Lumpectomy: ☐ Right ☐ Left ☐ Bilateral

Chemotherapy

Lymph Node Dissection: ☐ Right ☐ Left ☐ Bilateral

Radiation Therapy

Breast Reconstruction: ☐ Right ☐ Left ☐ Bilateral

Other:

CONSENT

Can we leave a voice message on your telephone? ☐ Yes ☐ No

Signed: _____

Date: _____